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## **Plymouth Chiropractor Partners with GolfTEC of Minnetonka**

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AUGUST 3, 2009: GolfTEC of Minnetonka will be hosting Chiropractor, Doctor Lori Goodsell, to assess their bodies readiness to golf. The event will take place on August 11, 2009 at the GolfSmith in Minnetonka . Golfers will be assessed on hip flexibility, trunk rotation and core strength

GolfTEC regularly brings Dr. Lori Goodsell in to assess their golfers. GolfTEC is at the forefront of the golf instructional industry. Using an instructional system proven in over 1.7 million lessons with 170,000+ clients since 1995, GolfTEC is the world leader in golf improvement. From tee-to-green, clients gain skills to reach their shot-making and score-reduction goals. The expanding Wall of Fame at each GolfTEC Improvement Center bears witness to personal bests, tournaments won, and accomplishments made tangible.

The forces placed on a golfer's body during 18 holes of play demand that care is taken to properly assess the body and improve the athletes biomechanics in all phases of movement. Many expect golf form to be perfect with abnormal posture and joint motion. The specialized assessment that Dr. Goodsell performs evaluates whether the key components of body motion are present so a properly executed swing can happen. Active Family Chiropractic and Dr. Lori Goodsell are excited to be associated with such a prestigious facility as GolfTEC

.For more information call Dr. Lori Goodsell at 763-553-0387.